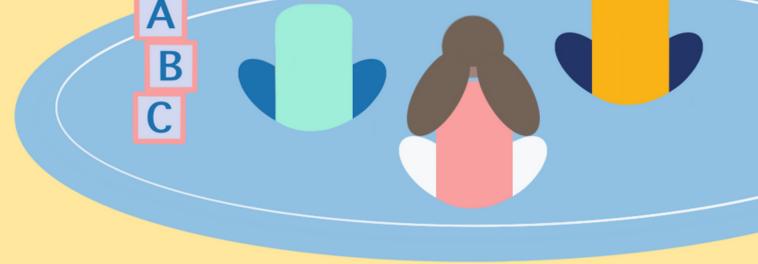
Early Childhood Development and Education

Increasing access to high-quality and comprehensive early childhood development and education programs can improve children's future health and well-being.

Health and Nutrition. Children who participate in high-quality, early childhood education programs that include health care and meals or snacks are in better health than children who don't have access to the same type of programs.

Education. Early childhood development and education programs can improve learning and social skills and increase readiness for school.



Quality. Features of high-quality, early childhood development and education programs include well-trained teachers and smaller classes.

More information on this topic can be found in the Early Childhood Development and Education literature summary on odphp.health.gov.

